

Optimal Natural Fertility Tests – Further Information

FEMALE PARTNER TEST

Full Hormone Test (Urine). We prefer you to complete a Full Hormone Test in order for us to have the results back in advance of your consultation. We will advise if it is necessary to do so, based on your questionnaire input.

This is the most extensive profile of stress/adrenal and sex hormones and metabolites available. This unique combination of clinical information is only available through this test. It is also the easiest hormone test to complete - just four or five dried urine samples over a 24-hour period.

Cost - £259 inc. VAT

MALE PARTNER TEST

Semen Analysis. Forty per cent of infertility is due to male factors. As a consequence we will only progress with a female patient when we have reviewed the **male partner's semen test which has been carried out within the three month period prior to the booked Optimal Natural Fertility Assessment(s).**

Semen samples may be undertaken at your GP clinic or we can recommend the nearest private clinic to attend for this test.

Cost varies by clinic

FURTHER TESTS – BOTH PARTNERS

We can arrange for further specialist reproductive health blood tests to be undertaken under our guidance, with samples being sent directly to our chosen UK Labs

These may include infection markers, chromosomes/genetics, ovarian tumours or polycystic ovarian syndrome. We will advise if any of these tests are recommended based on your questionnaire input and/ or your Optimal Natural Fertility Assessment.

The cost for these individual tests varies widely. Price on application

